

# SECTION ONE: YOUR RELATIONSHIP HISTORY

## *Your Current Relationship Story*

1. How we met

---

---

---

---

---

2. What attracted me to her/him

---

---

---

---

---

3. How long we have been dating

---

## *About Your Friendships*

1. Friendships for me have generally been (check one)

- Easy, like falling off a log
- So-so, I can take 'em or leave 'em
- A challenge, a lot of work but satisfying and rewarding
- Discouraging, more pain than I bargained for
- Absent, I've never really had a truly close friend

Now share why you checked the box you did:

---

---

---

---

SPECIAL PROJECT 1

2. Who are two of your closest friends and what makes those relationships special?

---

---

---

---

How long have they been your friends?

---

---

---

---

3. What are three to five adjectives these friends would use to describe you?

---

---

---

---

4. Describe a serious dating relationship from the past. Briefly state how it began, progressed and ended.

---

---

---

---

5. Can you identify any patterns that seem to be present in your relationships with the opposite sex? (Examples: "My tendency is to fall hard and fast, then get hurt." or "I am generally the more committed one in a relationship.")

---

---

---

---

Please complete prior to the first session!

Homework Assignment #1

Honestly answer the following questions

- 1) Why do you want to get married?
- 2) What does marriage mean to you?
- 3) What does the word love mean to you?
- 4) Why do you love your future spouse?
- 5) Where do you picture your life and marriage in 20 years?

Before answering the next set of questions  
read Genesis 1:26-2:25

- 1) In v.31 God declares all he has created is very good. How can this help you to accept and respect the uniqueness of being male or female?
- 2) By reading this passage of Scripture what do you believe is God's purpose in marriage?

Homework Assignment #4  
Conflict

How do you normally handle conflict in your relationship?

How was conflict handled in your family growing up?

Read the following Scripture verses and briefly write down what you believe they are saying about conflict and conflict resolution.

- 1) Colossians 3:19
- 2) Ephesians 4:26
- 3) Proverbs 14:29
- 4) Proverbs 17:14
- 5) Ecclesiastes 7:8-9
- 6) Romans 12:19
- 7) 1 Thessalonians 5:11
- 8) Romans 12:17